

SWALLOWDALE CAMP ROSSEAU, ONTARIO

AGES 7-15, 16-17 LEADER IN TRAINING • JUN 28 - AUG 08, 2020



2020

A traditional Canadian summer camp where adventures begin

EN GENERAL ENGLISH
10 WEEKLY HOURS

ACTIVITY CAMP
AGES 7-15

FOREST CAMP 2020 NEW
10 WEEKLY HOURS

LEADER IN TRAINING (LIT)
AGES 16-17



SESSIONS LENGTH
2, 3 or 4 week sessions
LIT: 3 week sessions plus
1 or 2 weeks Practicum
June 28 - August 08



INCLUDED EXCURSION:
1 full day shopping trip every
2 weeks

WHERE FRIENDSHIPS & ADVENTURES BEGIN!

Operating on the beautiful grounds of Rosseau Lake College in Ontario's world-famous Muskoka region, Swallowdale Camp is the perfect choice for a traditional summer camp adventure. Canadian and international campers join together to develop skills in sports, arts, outdoor activities and leadership. Camping traditions run deep in the Canadian spirit and are embodied in this programme, which has been in continuous operation since 1943. At Swallowdale Camp, students come to appreciate the stunning beauty of the nature that surrounds them, and the cultural distinctions that make up our global community.

PROGRAMME HIGHLIGHTS

- Traditional summer camp offering a true Canadian experience
- Opportunity for integration with Canadian campers
- Water & land sports; art & music programming
- 10 hours of English instruction available weekly (optional)
- Leader In Training (LIT) programme for campers aged 16 - 17 years
- New Forest Camp

SCHEDULE HIGHLIGHTS

WEEK 2	MORNING	AFTERNOON	EVENING
S	At leisure	Swallowdale Olympics	Soccer Game
M	Activity Periods 1-3	Activity Periods 4-5 REC Period	Talent Night
T	Activity Periods 1-3	Activity Periods 4-5 REC Period	Campfire
W	----- OPTIONAL: CANADA'S WONDERLAND -----		
T	Activity Periods 1-3	Activity Periods 4-5 REC Period	Survivor Game
F	Activity Periods 1-3	Activity Periods 4-5 REC Period	Karaoke Night
S	Activity Periods 1-3	Activity Periods 4-5 REC Period	Capture the Flag



Climbing Wall



Canoeing on Lake Rosseau



Student Residence



Woodworking



Stand-up Paddle



Evening Activity

ACCOMMODATION (SHARED)

- Comfortable residence rooms accommodating 2-8 campers
- Each floor has complete washroom and shower facilities
- Boys and girls are accommodated separately
- Counsellors live in the same residence with campers, providing full supervision
- Bedding and pillow provided
- Weekly laundry service

FACILITIES

- Large, modern classrooms
- Dining hall
- Student lounges
- Art studio
- Indoor gymnasium
- 53-acre lakefront campus
- Extensive waterfront with all equipment for swimming, canoeing, kayaking, and sailing
- 3 - 4 residence houses
- Large playing fields
- Basketball courts

MEALS (FULLBOARD)

- 3 meals + evening snack daily
- All meals are served in the camp dining hall and offer a variety of nutritious and well-balanced options.



PROGRAMME PACKAGE INCLUDES:

- 5 periods of instructed sports, activities or lessons daily which may include the following weekly hours
 - > 10 hours General English OR
 - > 10 hours Forest Camp OR
 - > 10 hours Leader in Training OR
 - > Activity Camp
- Accommodation
- 3 meals daily and evening snack
- Shopping excursion to Huntsville (offered once every 2 weeks)
- Full supervision
- Toronto airport meet and greet + transfer to/from camp
- Emergency medical and dental insurance to \$100,000 CAD
- Laundry service weekly
- CISS T-Shirt and water bottle upon arrival
- CISS certificate upon completion of programme

MAIN FEATURES



Traditional Camp



Canadian Integration



Shared Rooms



Waterfront Location



Art & Sports Programme



Leadership

PROGRAMME OPTIONS

GENERAL ENGLISH

This option provides classroom instruction in speaking, listening, reading and writing, with a focus on helping students of all proficiency levels to improve in their fluency and accuracy of speech.

- 10 hours per week
- 1 hour = 60 minutes
- Maximum of 15 students per class
- Professional and qualified instructors
- Communicative methodologies
- 3 levels of ESL: Beginner, Intermediate, Advanced
- Placement test on first day

ACTIVITY CAMP

Students enjoy all day activities. They are divided into weekly modules. As the week progresses, students develop their skills in each of their chosen activities.

- 5 periods daily devoted exclusively to activities
- Water and land sports, dance, art, music and skill-building exercises
- Each activity programme is divided into weekly modules
- Ideal for campers seeking to maximize their activity choices

FOREST CAMP

This course is a perfect opportunity for students to learn and appreciate their natural surroundings. Participants explore nature, learn about different plant life and wildlife while consciously considering the global environment and our daily impacts.

- 10 hours per week
- All levels of English welcome
- Ideal for students who wish to explore their appreciation of nature

LEADER IN TRAINING (LIT)

The concept of "leadership" is put into motion by providing participants with a combination of theoretical knowledge and practical hands-on experience in a camp environment.

- 3 week session
- 16-17 year olds accepted
- 10 hours weekly of specialized classes
- 3 periods daily of practical training while learning to lead and instruct activities
- Acceptance is by special application
- First Aid training
- CISS Leadership certificate
- Possibility to extend upon completion for 1-2 weeks with a Practicum Add-On

General English and Forest Camp are optional and replace 2 of the 5 daily activities.



ACTIVITIES

DAILY INSTRUCTED ACTIVITIES

- 5 x 1-hour instructed activity periods five days per week
- Campers select their activities at the beginning of each week
- Activities operate in one-week blocks to ensure solid skill development

WATER SPORTS

- Canoeing • Kayaking • Sailing • Fishing
- Swimming • Stand Up Paddleboarding (SUP)

LAND SPORTS

- Archery • Ball Hockey • Fitness
- Outdoor Survival • Soccer • Volleyball

ARTS & MOVEMENT

- Arts & Crafts • Dance • Drama • Yoga
- Guitar (Beginner) • Woodworking

RECREATIONAL PERIOD (REC)

On regular camp days, 1 hour is allocated as a recreational period (REC). During REC, a variety of water and land sports & activities are offered. These activities are supervised but are not necessarily instructed.

EVENING ACTIVITIES

(may include...)

- Campfire • Camp games • Dances
- Overnight Camping • Skit Night
- Sports Challenges • Talent Show

INCLUDED EXCURSIONS

- Shopping in Huntsville, once every 2 weeks

OPTIONAL EXCURSIONS

- Niagara Falls
- Canada's Wonderland

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