

MONT TREMBLANT

QUÉBEC

www.tremblant.ca



the Region:

The Laurentians

"The ultimate ski and outdoor adventure destination"

Named for the mountain range, the quaint communities of the Laurentian region are mainly Francophone with some bilingual French/English families. This place is an outdoor adventure haven. There are over a dozen ski hills, including Mont Tremblant Resort, a thousand kilometers of cross country and snowshoe trails along with dozens of hiking and cycling trails. In all these towns, the local people are friendly and display typically Québec hospitality that comes from the heart.

Location: 1 hour northwest of Montréal

Outdoor Sports: Bird Watching • Boating • Cross Country Skiing • Cycling • Dog Sledding • Fishing • Ice Fishing • Golfing • Hiking • Horseback Riding • Rock Climbing • Rollerblading • Skating • Skiing • Snowboarding • Snowmobiling

Recreation for students:

• Coffee shops • Festivals • Libraries • Music concerts • Movies • Parks • Restaurants (formal and fast food) • Outdoor recreation • Ski Resorts • Shopping • Sports

Why the Laurentians?

- Experience French Canada
- Francophone communities with French-only schools
- Excellent recreational opportunities
- Four-season destination
- Mont Tremblant is a world-class ski resort

COMMUNITIES IN THIS REGION:

- Mont Tremblant
- Sainte-Adèle
- Sainte-Agathe-des-Monts

www.laurentides.com

Small Town

"Live and ski in Tremblant"

Mont Tremblant is the highest Mountain in the Laurentians, and the oldest mountain range in the world. The village of Mt-Tremblant, which has merged with the village of St-Jovite, is one of the best destinations in the Laurentians and its international reputation dates back for many generations. The old village of Mont Tremblant is a relaxed and friendly place to live. The area around the village has undergone a transformation in recent years, since Intrawest built up the now famous ski resort. Even the old 200 km P'tit Train du Nord railway that used to transport people from Montreal to the village has been developed into a fantastic bike trail for the summer months, and cross country skiing during the winter, offering users a glimpse of quaint little villages and valleys.

- Located at the base of Mont Tremblant in the Laurentian Mountains
- Population: approximately 8,000 (not including seasonal residents & visitors)
- 135 km northwest of Montréal

Notable features:

- Home to the world famous Mont-Tremblant Ski Resort – hill is accessible by public shuttle. The resort offers a wide array of amenities and other indoor and outdoor recreational opportunities.
- Francophone community with French-Only schools
- A local shuttle connects the resort to the villages of Mont Tremblant and Saint Jovite.

Main Attractions:

- Mont Tremblant Ski Resort: www.tremblant.ca
- Lac Mercier public beach / Lac Tremblant
- P'tit Train du Nord : www.lepetittrainundunord.com
- Ranch Mont Tremblant: www.ranch-mont-tremblant.qc.ca
- Symphony of Colours (autumn festival)
- Parc National du Mont Tremblant: www.sepaq.com/pq/mot/en/

Libraries: no public libraries

Shopping Malls: small boutique shops only + department stores (The Bay)

Movie Theatres: 1 double screen

Public Transit: public shuttle bus around the village to the resort / bus service between Mont Tremblant and Montreal (approx. 1 hour)

Transit to school may include: Public shuttle / School bus / Walking

Average Temperatures: [° c]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	-5	-3	2	11	19	23	26	25	20	13	5	-5
Low	-14	-14	-6	1	7	13	15	14	9	4	-1	-10