

NORTH VANCOUVER

BRITISH COLUMBIA

www.cnv.org

www.northvancouver.com



Capilano Suspension Bridge

the Region:

Vancouver Coast

All things are possible

Mountains, oceans, lakes, rivers and beaches – this region boasts them in breathtaking abundance and beauty. The spectacular setting provides the venue for a vast array of outdoor adventures. The climate in Vancouver is mild and temperate, but the region's mountains are equally renowned for their epic snowfalls. So much so, the region has been chosen by the International Olympic Committee for the Vancouver 2010 Olympic and Paralympic Winter Games.

Location: Southern British Columbia

Outdoor Sports: Boating • Canoeing • Cross-Country Skiing • Cycling • Diving • Fishing • Fly Fishing • Golfing • Hiking • Horesback Riding • Kayaking • Mountain Biking • Roller-blading • Skating • Skiing • Snowboarding • Whale Watching • White Water Rafting

Recreation for students:

• Aboriginal Heritage • Art Galleries • Coffee shops • Festivals • Libraries • Music concerts • Movies • Museums • Parks • Restaurants (formal and fast food) • Ski Resorts • Shopping malls & centres • Sports • Theatre • Youth recreational centres

Why Vancouver Coast?

- Beautiful region - mountains and ocean views
- Excellent recreation - skiing/ snowboarding, wildlife viewing etc.
- Sail in the morning, ski in the afternoon

COMMUNITIES IN THIS REGION:

- North Vancouver

www.hellobc.com

Urban Centre

“Beautiful place to visit, great place to live”

The City of North Vancouver is an award-winning municipality located in the heart of the North Shore. Since 1907, the City has developed into a vibrant, diverse community recognized for its high quality of life, outstanding growth opportunities and stunning natural environment. Although it has significant industry of its own, including shipping, chemical production, and film production, the City is usually considered to be a suburb of Vancouver.

- Located at the north shore of Burrard Inlet
- Population: approx. 45,000
- 15 minutes SeaBus ride from Vancouver

Sister Cities:
Chiba (Japan)

Notable features:

- Fifteen minutes from City of Vancouver's downtown core by bus or seabus
- Located two hours from Whistler, one of North America's most world renowned ski resorts, and just minutes from 3 local ski resorts
- Easy forest walks in city and regional parks as well as challenging wilderness hikes in the surrounding mountains
- NHL Hockey (Vancouver Canucks), CFL Football (Vancouver Lions), USL Soccer (Vancouver Whitecaps), Canadian Baseball (Vancouver Canadians)

Main Attractions:

- Grouse Mountain: www.grousemountain.com
- Capilano Suspension Bridge: www.capbridge.com
- Baden-Powell Trail: www.HelloBC.com/BadenPowellHikingTrail
- Deep Cove: www.deepcovebc.com
- Lynn Canyon Park: www.lynncanyonparkguide.bc.ca
- The Pier: www.lonsdaleavenue.ca
- City Skate Park: www.city.vancouver.bc.ca/parks/rec/skateboard
- Lonsdale Quay Market & Shops: www.lonsdalequay.com

Libraries: 1 public library

Shopping Malls: 7 malls including clothing and music stores and fast food eateries

Movie Theatres: 2 multiplex + more in and around Vancouver proper

Public Transit: Public transit bus system servicing all North Vancouver and linking to Vancouver and other suburbs + Seabus ferry to Vancouver + BC Ferries to Vancouver Island

Transit to school may include: Public bus / School Bus / Walking

Average Temperatures: [° c]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	6	8	9	12	16	19	22	22	18	13	9	6
Low	0	1	2	4	8	11	12	13	10	6	3	1