



the Region: Vancouver Coast

All things are possible

Mountains, oceans, lakes, rivers and beaches – this region boasts them in breathtaking abundance and beauty. The spectacular setting provides the venue for a vast array of outdoor adventures. The climate in Vancouver is mild and temperate, but the region's mountains are equally renowned for their epic snowfalls. So much so, the region has been chosen by the International Olympic Committee for the Vancouver 2010 Olympic and Paralympic Winter Games.

Location: Southern British Columbia

Outdoor Sports: Boating • Canoeing • Cross-Country Skiing • Cycling • Diving • Fishing • Fly Fishing • Golfing • Hiking • Horseback Riding • Kayaking • Mountain Biking • Roller-blading • Skating • Skiing • Snowboarding • Whale Watching • White Water Rafting

Recreation for students:

• Aboriginal Heritage • Art Galleries • Coffee shops • Festivals • Libraries • Music concerts • Movies • Museums • Parks • Restaurants (formal and fast food) • Ski Resorts • Shopping malls & centres • Sports • Theatre • Youth recreational centres

Why Vancouver Coast?

- Beautiful region - mountains and ocean views
- Excellent recreation - skiing/snowboarding, wildlife viewing etc.
- Sail in the morning, ski in the afternoon

COMMUNITIES IN THIS REGION:

- North Vancouver
- Burnaby

www.hellobc.com

City/Suburb

"Discover your adventure"

Burnaby, the third largest populated region in BC, is both a part of Greater Vancouver and a municipality in its own right. Amidst outstanding beauty with lakes, rivers and mountain scenery, Burnaby is nestled around the high peak of solitary Burnaby Mountain. It is blessed with a remarkable number of interconnected parks and trails of different sizes and features. Deer Lake Park, Burnaby's hub of arts, culture and heritage, is the crowning jewel of this park system. High atop Burnaby Mountain sits Simon Fraser University.

- Immediately east of Vancouver
- Population: approx. 202,800
- 20 minutes from Vancouver International Airport

Sister Cities:

Gatineau, QC (Canada)
Kushiro (Japan)
Mezo, Az (USA)

Notable features:

- Twenty minutes from Vancouver International Airport and within easy transit to downtown Vancouver
- Located two hours from Whistler, one of North America's most world renowned ski resorts, and just minutes from 3 local ski resorts
- Easy forest walks in city and regional parks as well as challenging wilderness hikes in the surrounding mountains
- Main industries include: technology, petroleum, post-secondary education and tourism

Main Attractions:

- The Museum of Archeology and Ethnology at Simon Fraser University: www.sfu.ca/museum
- Century Gardens: www.city.burnaby.bc.ca
- Playground of the Gods on Burnaby Mountain: www.tourismburnaby.com
- Deer Lake Park: www.city.burnaby.bc.ca
- Shadbolt Centre for the Arts: www.shadboltcentre.com
- Burnaby Art Gallery: www.burnabyartgallery.ca
- Swangard Stadium: www.city.burnaby.bc.ca

Libraries: 4 public library branches

Shopping Malls: 5+ malls including clothing and music stores and fast food eateries

Movie Theatres: 2 multiplex + more in and around Vancouver proper

Public Transit: Public "Translink" system (buses, skytrain, seabus) servicing all Greater Vancouver + BC Ferries to Vancouver Island

Transit to school may include: Public bus / School Bus / Walking

Average Temperatures: [° c]

| Ave | JAN | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEP | OCT | NOV | DEC |
|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| High | 6 | 8 | 9 | 12 | 16 | 19 | 22 | 22 | 18 | 13 | 9 | 6 |
| Low | 0 | 1 | 2 | 4 | 8 | 11 | 12 | 13 | 10 | 6 | 3 | 1 |