



The Region:

Alberta Rockies

Wonderful. By Nature.

The Alberta Rocky Mountain area is one of the most beautiful places on earth. The attractions in this region are geared towards the outdoors, taking full advantage of the natural geography of the area. Downhill, cross-country, heli and catskiing, snowmobiling, rock climbing, spelunking, hiking and wilderness camping are just a few of the many recreational opportunities available to visitors of Alberta's Rockies.

Location: at the foothills of the Rocky Mountains in Alberta

Outdoor Sports: Boating • Canoeing • Cat-skiing • Cross-country skiing • Cycling • Fishing • Fly Fishing • Golfing • Heli-skiing • Hiking • Horseback Riding • Kayaking • Lacross • Roller-blading • Skating • Skiing • Snowboarding • Snowshoeing • Snowmobiling

Recreation for students:

• Coffee shops • Festivals • Libraries • Movies • Museums • Parks • Restaurants (formal and fast food) • Ski Resorts • Shopping • Sports • Youth recreational centres

Why Alberta Rockies?

- Ideal for students seeking outdoor adventure opportunities
- One of the most picturesque places in Canada
- Excellent skiing / snowboarding, horseback riding, kayaking and other adventure sports
- Close to Lake Louise, Banff, Jasper National Park

COMMUNITIES IN THIS REGION:

- Jasper
- Canmore

Small Town

"Home to the Rocky Mountains"

Canmore's history lies in coal-mining, although today it is a town for all seasons and recreation. In 1988 it hosted the Nordic skiing event of the Winter Olympics held in Calgary. Visitors to Canmore often comment on the qualities of the town and the congeniality of the people. The town yields an almost magical feeling of belonging where the sense of community runs deep. Located just minutes from Banff National Park and a couple hours from Calgary, this mountain community is the perfect start to a discovery of the Rocky Mountains.

- Located in the Bow Valley of Alberta, east of Banff National Park and just north of Kananaskis Country
- Population: approx. 12,000
- Located 110 km west of Calgary

Catholic
Schools Only

Notable features:

- Numerous outdoor sporting and recreational opportunities
- The Nordic Centre hosts national training camps for Canada's biathlon and cross-country ski teams, in addition to providing winter and summer recreational facilities to the general public
- Area is a world destination for climbing, especially ice climbing.
- Canmore's climate is relatively mild compared to most regions of Canada
- Main industry is Eco-Tourism, Health & wellness services, construction & sports
- Popular set location for Hollywood films including *Brokeback Mountain*, *The Assassination of Jesse James*, *Shanghai Noon*, and more
- 5 ski resorts within close proximity to Canmore

Main Attractions:

- Canmore Nordic Centre Provincial Park: <http://tpr.alberta.ca>
- Bow Valley Wildland Provincial Park: <http://tpr.alberta.ca>
- Jasper National Park: www.jaspersnationalpark.com
- Three Sisters Mountain & village: www.stewartcreekgolf.com/
- Canmore Museum and Geoscience Centre (CMAGS): www.cmags.org
- Grotto Mountain: www.canadamountains.com/grotto_mountain.htm

Libraries: 1 public library

Shopping Malls: small boutiques including clothing and sporting stores, with larger malls in nearby Banff and Lake Louise

Movie Theatres: multi-plex in nearby Banff

Transit to school may include: School Bus / Walking

Average Temperatures: [° c]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	-5	-0	4	9	14	19	22	22	16	10	1	-5
Low	-15	-11	-8	-3	2	6	7	7	3	-1	-8	-14